

The Art Of Masterful Communication

Group Training Programs

Level 1

The Art Of Masterful Communication (AOMC)

6-week group training program
(up to 50 students/cohort.)

Access:

- ✔ You get access to 7 (60 min) group coaching sessions so that your team can share their learnings of the online program, create stronger connections and trust amongst one another, and receive high-level, personal coaching. Every session comprises teaching, small group breakout discussion, and group coaching. After every session, each member of your team will receive a summary of the call, as well as prompts to guide them through the upcoming week ahead.

Information:

- ✔ Robust Online portal/learning center packed with 36 videos on the AOMC methodology, worksheets, reflective questions, and quizzes so that your team can develop as empowered, influential leaders and unify towards common goals as they cohesively move through the program together.
- ✔ Certificate of Completion.

Tools & Resources:

- ✔ Pre/post-course assessment so that we can measure your team's progress across four primary categories: Behavior, Responsibility, Empowerment, and Influence.

Community:

- ✔ Access to a dedicated AOMC Slack channel where students can ask questions, interact with one another, and receive additional support throughout the weeks.

Accountability:

- ✔ Mid-week check-in emails. Each week your team will receive an email to help them stay connected to the program and integrate the most recent lessons. The mid-week email holds members accountable, encourages self-reflection, and helps them anchor essential concepts for their leadership development.

Level 2

The Integration of Masterful Communication (IOMC)

12-month group training program
(up to 50 students/cohort)

Access:

- ✔ Level 1: AOMC 6-week program
- ✔ Level 2: IOMC begins after week 6

The level 2 Bi-weekly 60 min group coaching sessions are an extension of the level 1 program. The focus is to give participants who have completed Level 1 an opportunity to develop their skills, put them into practice, integrate them into their lives, and learn new skills that deepen their understanding of the major themes covered in Level 1. The intention is to develop further one's emotional intelligence, leadership abilities, confidence, self-awareness, and coaching abilities. Every session comprises teaching, small group experiential sessions that train members to become better leaders and coaches, and group coaching. After every session, each member of your team will receive a summary of the call, as well as prompts to guide them through the upcoming week ahead.

- ✔ Two in-person one-day immersions allow everyone some in-person time to discuss real-life issues and work through collective challenges. The immersions focus on getting our hands dirty and diving into real-life problems and scenarios, building more robust, connected teams, and aligning towards unified goals.
- ✔ Email support throughout the year.

Information:

- ✔ Robust Online portal/learning center packed with 36 videos on the AOMC methodology, worksheets, reflective questions, and quizzes so that your team can develop as empowered, influential leaders and unify towards common goals as they cohesively move through the program together. Once the initial 6-week AOMC program completes, your team will receive two videos/per month, totaling 20 videos, additional PDFs, and supporting materials for the remaining ten months of the program.
- ✔ Certificate of Completion

Tools & Resources:

- ✔ Pre/post-course assessment so that we can measure your team's progress across four primary categories: Behavior, Responsibility, Empowerment, and Influence.
- ✔ Resource library with readings, videos, books, quotes, articles, and best facilitation/coaching practices.

Community:

- ✔ Access to a dedicated AOMC Slack channel where students can ask questions, interact with one another, and receive additional support throughout the weeks.

Accountability:

- ✔ Mid-week check-in emails. Each week your team will receive an email to help them stay connected to the program and integrate the most recent lessons. The mid-week email holds members accountable, encourages self-reflection, and helps them anchor essential concepts for their leadership development.

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The Integration of Masterful Communication (IOMC)

12-month hybrid private and group training program (up to 50 students/cohort)

Access:

- ✔ Level 1: AOMC 6-week program
- ✔ Level 2: IOMC begins after week 6

The level 2 Bi-weekly 60 min group coaching sessions are an extension of the level 1 program. The focus is to give participants who have completed Level 1 an opportunity to develop their skills, put them into practice, integrate them into their lives, and learn new skills that deepen their understanding of the major themes covered in Level 1. The intention is to develop further one's emotional intelligence, leadership abilities, confidence, self-awareness, and coaching abilities. Every session comprises teaching, small group experiential sessions that train members to become better leaders and coaches, and group coaching. After every session, each member of your team will receive a summary of the call, as well as prompts to guide them through the upcoming week ahead.

- ✔ 30 min monthly private coaching calls with five senior-level leaders

A monthly coaching engagement to help leaders consciously scale their businesses and advance to higher levels of fulfillment in their personal and professional lives. The relationship helps work through challenging issues, focusing on qualities, values, balance, purpose, and business while building towards ultimate goals and success through clearly defined, incremental steps.

- ✔ One-day immersions allow everyone to get in-person time to discuss real-life issues and work through collective challenges. The immersions focus on getting our hands dirty and diving into real-life problems and scenarios, building more robust, connected teams, and aligning towards unified goals.
- ✔ Email support throughout the year

Information:

- ✔ Robust Online portal/learning center packed with 36 videos on the AOMC methodology, worksheets, reflective questions, and quizzes so that your team can develop as empowered, influential leaders and unify towards common goals as they cohesively move through the program together. Once the initial 6-week AOMC program completes, your team will receive two videos/per month, totaling 20 videos, additional PDFs, and supporting materials for the remaining ten months of the program.
- ✔ Certificate of Completion

Tools & Resources:

- ✔ Pre/post-course assessment so that we can measure your team's progress across four primary categories: Behavior, Responsibility, Empowerment, and Influence.

Resource library with readings, videos, books, quotes, articles, and best facilitation/coaching practices.

Community:

- ✔ Access to a dedicated AOMC Slack channel where students can ask questions, interact with one another, and receive additional support throughout the weeks.

Accountability:

- ✔ Mid-week check-in emails. Each week your team will receive an email to help them stay connected to the program and integrate the most recent lessons. The mid-week email holds members accountable, encourages self-reflection, and helps them anchor essential concepts for their leadership development.

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Deep Skills

12-month Email Program
(Unlimited students)**Access:**

- ✔ You get access to a 12-month, customized Deep Skills email program your organization can move through collectively. This program is off the shelf and comprises 24 emails delivered at the beginning and middle of every month. The program is progressive and uses an incremental approach to teach the foundations of the art of masterful communication in real-life, relatable messaging.

Information:

- ✔ A progressive and incremental approach to mastering communication over 12 months via 24 custom videos and emails, delivered at the beginning and midway point of each month. The introductory video is delivered at the beginning of the month, and the bonus video is in the middle.

Tools and Resources:

- ✔ SCORM packaging is available.

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